

# GATESHEAD

Population: 201,951

## AGEING POPULATION

**1 in 5**

adults are over 65 years of age (39,902)



## DEPRIVATION

**56%**

of residents live in deprivation hotspots ( $\leq$ IMD30)



## LIFE EXPECTANCY

**60**(F), **61**(M)

is the average years of healthy life expectancy

**21**(F), **18**(M)

is the average years of ill health.



## INACTIVITY

**42%**

of adults are not active enough to maintain good health.



## LONG TERM ILLNESS

**22%**

of adults are living with a long term illness. Most prevalent among these are: **hypertension, obesity and depression**



## FALLS

**2,447**

(per hundred thousand) emergency hospital admissions are due to falls in people aged 65 and over

# NEWCASTLE

Population: 306,824

## AGEING POPULATION

**1 in 7**

adults are over 65 years of age (44,154)



## DEPRIVATION

**44%**

of residents live in deprivation hotspots ( $\leq$ IMD30)



## LIFE EXPECTANCY

**61(F), 60(M)**

is the average years of healthy life expectancy

**21(F), 18(M)**

is the average years of ill health.



## INACTIVITY

**34%**

of adults are not active enough to maintain good health.



## LONG TERM ILLNESS

**19%**

of adults are living with a long term illness. Most prevalent among these are: **hypertension, obesity and depression**



## FALLS

**2,897**

(per hundred thousand) emergency hospital admissions are due to falls in people aged 65 and over



# NORTHUMBERLAND

Population: 323,820

## AGEING POPULATION

**1 in 4**

adults are over 65 years of age (81,368)



## DEPRIVATION

**29%**

of residents live in deprivation hotspots ( $\leq$ IMD30)



## LIFE EXPECTANCY

**64(F), 63(M)**

is the average years of healthy life expectancy

**19(F), 17(M)**

is the average years of ill health.



## INACTIVITY

**33%**

of adults are not active enough to maintain good health.



## LONG TERM ILLNESS

**21%**

of adults are living with a long term illness. Most prevalent among these are: **hypertension, obesity and depression**



## FALLS

**2,731**

(per hundred thousand) emergency hospital admissions are due to falls in people aged 65 and over



# NORTH TYNESIDE

Population: 208,871

## AGEING POPULATION

**1 in 5**

adults are over 65 years of age (42,649)



## DEPRIVATION

**37%**

of residents live in deprivation hotspots ( $\leq$ IMD30)



## LIFE EXPECTANCY

**63(F), 61(M)**

is the average years of healthy life expectancy

**21(F), 17(M)**

is the average years of ill health.



## INACTIVITY

**37%**

of adults are not active enough to maintain good health.



## LONG TERM ILLNESS

**21%**

of adults are living with a long term illness. Most prevalent among these are: **hypertension, obesity and depression**



## FALLS

**3,327**

(per hundred thousand) emergency hospital admissions are due to falls in people aged 65 and over

# SOUTH TYNESIDE

Population: 151,133

## AGEING POPULATION

**1 in 5**

adults are over 65 years of age (30,814)



## DEPRIVATION

**61%**

of residents live in deprivation hotspots ( $\leq$ IMD30)



## LIFE EXPECTANCY

**61(F), 59(M)**

is the average years of healthy life expectancy

**21(F), 18(M)**

is the average years of ill health.



## INACTIVITY

**46%**

of adults are not active enough to maintain good health.



## LONG TERM ILLNESS

**23%**

of adults are living with a long term illness. Most prevalent among these are: **hypertension, obesity and depression**



## FALLS

**2,242**

(per hundred thousand) emergency hospital admissions are due to falls in people aged 65 and over



# SUNDERLAND

Population: 277,846

## AGEING POPULATION

**1 in 5**

adults are over 65 years of age (55,208)



## DEPRIVATION

**54%**

of residents live in deprivation hotspots ( $\leq$ IMD30)



## LIFE EXPECTANCY

**60**(F), **58**(M)

is the average years of healthy life expectancy

**22**(F), **19**(M)

is the average years of ill health.



## INACTIVITY

**42%**

of adults are not active enough to maintain good health.



## LONG TERM ILLNESS

**23%**

of adults are living with a long term illness. Most prevalent among these are: **hypertension, obesity and depression**



## FALLS

**2,628**

(per hundred thousand) emergency hospital admissions are due to falls in people aged 65 and over