

**RISE.**

# Opening Schools Facilities (OSF)

January 2023

---

**WeAreRise.co.uk**

# Who are we?

**RISE.**

- A local North East charity, predominantly funded by Sport England
- Part of a national network of Active Partnerships
- Focused on delivering Sport England's Uniting the Movement strategy locally across Northumberland and Tyne & Wear, tackling inequalities and getting inactive people moving
- We work strategically to tackle inequalities through a whole system approach – including linking into key strategic system networks working with a range of partners

# VISION. PURPOSE. MISSION.

# RISE.



## VISION

Our vision sets the context for partnership working in our region.

**To create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear.**



## PURPOSE

Our purpose shows how, by unlocking the power of physical activity and effecting system change, we can achieve the vision.

**We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across Northumberland and Tyne & Wear.**



## MISSION

Our mission sets out what will be different as a result of our work. It shows what Rise is accountable for.

**To enable our system partners to see things differently, work smarter and maximise their results using physical activity.**

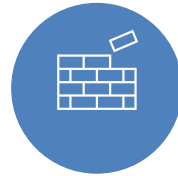
# RISE TOGETHER 2021-2031 STRATEGIC PRIORITIES

# RISE.

WHAT IS IMPORTANT TO RISE OVER THE NEXT 10 YEARS?

## Building Back Fairer

Using physical activity to support communities to move through and past the Covid-19 pandemic and emerge stronger and more resilient.



## Community Building

Ensuring physical activity supports communities' ability to develop, integrate and thrive.



## Tackling Our Climate Crisis

Physical activity supporting the drive to reduce the rate of global warming and limit climate change.



## Healthy Minds For Healthy Lives

The role of physical activity in supporting mental wellbeing, as well as physical wellbeing.



## Harness Data, Digital & Tech

Ensuring technological developments are utilised to drive the physical activity agenda forward.



## Strong & Influential Systems Leadership for Physical Activity

Physical activity has a prominent and sustained place at the strategic table across the systems of our region.



# 5 Key Thematic Areas

**RISE.**



**Strategic Influencing at the heart of our work**





# Children and Young People Team

**RISE.**

- Creating Active Schools (CAS) Framework
- Girls Active Leadership Programme
- Bite Back Youth Food Champion Programme
- CYP Active Lives Survey
- Education Alliance
- School Games
- Opening Schools Facilities (OSF)
- Place Based Work
- Workforce development
- Leadership / volunteer opportunities
- Systems leadership & collaboration (national & Regional)
- Early Years Active Start Programme
- Outdoor learning
- Early Years Conference
- Early Years Network Forum
- Maternity work
- Families work
- Healthy Weight Programmes
- Bikeability projects
- Active Travel
- Funding Opportunities



**WeAreRise.co.uk**

Listening collaborating supporting making change

# What is The Opening Schools Facilities Programme (OSF)?

**RISE.**

- Funded by the Department for Education (DfE) and aims to meet the goals of the Government's School Sport and Activity Action Plan (SSAAP)
- Reducing inequalities and getting more children and young people aged 5-16 years active.
- Supports schools to open-up their facilities for physical activity outside of curriculum time, particularly in those communities that experience the most significant health, social and economic inequalities.
- The large investment into schools, which runs through to March 2025, will ensure that local place-based approaches and solutions are developed collaboratively, focusing on insight, learning, youth voice and lived experience. It will seek to establish knowledge and understanding about key success factors as well as both common and unique barriers regarding the opening of school facilities outside of the school day.

*“Opening school facilities outside of the normal school day, to both school and community users, to create a sustainable change in increased physical activity levels”*





## Phase 2 – Positive Stories – Parkhead Primary School

**RISE.**



**WeAreRise**

# The OSF Programme Will:

**RISE.**

- Support schools to open their facilities outside of the normal school day (mornings, evenings, weekends, holidays and lunch time for SEND / PRU CYP) to allow children & young people and the wider community to access more opportunities to be physically active and move more. This can include extending the current offer or opening facilities for the first time for **new** activities
- Open school swimming pools, focusing on swimming and water safety lessons both during and outside the school day for pupils at their school and for pupils at other local schools, including secondary schools.
- Participants are provided with a range of fun, safe, inclusive opportunities to take part in physical activity and sport, in addition to that experienced within PE lessons and extra-curricular activities.
- Youth voice and sustainability is built into every project

# Target Audience

**RISE.**

We know there are clear health inequalities, in relation to physical inactivity, therefore Opening School Facilities funded projects must promote physical activity to people who find it challenging to access opportunities and achieve the daily recommended levels of physical activity (CMO Guidelines).

All provision must focus on one or more of the following target groups:

- People from lower socioeconomic communities
- People with a Special Education Need or Disability and/or people with a long-term health condition
- Women and girls
- People from ethnic minority backgrounds

# Funding Available to Schools (Northumberland and Tyne & Wear)

**RISE.**

## Year 1

- February 2023 – 31st March 2023 (shortened year due to delayed signing of contracts)
- \*£21,000.00

## Year 2

- 1st April 2023 – 31st March 2024
- \*£12,000.00

## Year 3

- 1st April 2024 – 31st March 2025
- \*£9,700.00

*(\*This is an estimate - consideration can be given for applications that do exceed this amount)*

**£3,012,605.00 total investment for the Rise area schools**

# Criteria for Development Plans

**RISE.**

We know there are clear health inequalities, in relation to physical inactivity, therefore OSF funded projects must promote physical activity to people who find it challenging to access opportunities and achieve the daily recommended levels of physical activity (CMO Guidelines).

- **Tackling Inequalities** – focus on People with a Special Education Need or Disability and/or people with a long-term health condition, people from lower socioeconomic communities, women and girls, and people from ethnic minority backgrounds.
- **Engaging the school community** – programmes to be co-designed with young people. Youth voice should and leadership (years 2/3) should be at the heart of your programmes
- **Engaging the wider community** – opportunities for continued participation and for community engagement (including co-designing with community organisations / local young people)
- **Developing a sustainable workforce** – CPD for staff and youth leadership / volunteering opportunities available
- **Value** – linking to other policy areas, such as: HAF, community safety, Family Hubs, Play Zones, Local Authority CYP plans etc....



# Funding Criteria

**RISE.**

- Commitment until March 2025 (Schools can plan a year at a time but the emphasis is focusing on sustainable change)
- Indoor and outdoor activities can be delivered before school, after school, evenings, weekends and holidays (not including curriculum or **current** extra curriculum school activities). Lunchtime activities are eligible in SEND CYP
- Swimming activities can be delivered both during the school day, before and after school, evenings, weekends and holidays
- Activities can be delivered in holidays, in conjunction with HAF and other programmes, but must target new participants
- Project needs to be a new or additional activity to what is already taking place
- All eligible items for expenditure, must be paid for first and then claimed in arrears
- All activities must evidence through reporting data monthly
- All schools must agree to take part in a local and national evaluation of the programme
- All schools must take part in the Active Lives Children and Young People Survey annually – achieve your Healthy Schools Award

# What Funding can be used for? (1)

**RISE.**

This funding is **revenue** spend only. No **capital** spend will be allowed. We don't want to be too prescriptive on what the funding can and can't be used for. All funding must be used to help schools to offer community use and extra-curricular opportunities. Some examples of eligible spend can be found below. This list is not exhaustive but to prompt thinking.

## **Equipment**

- Equipment to deliver new clubs identified through youth voice sessions
- Additional sports, activity and storage equipment
- Adaptive equipment to improve accessibility for young people with SEND

## **Staff Training**

- Training courses and qualifications to enable staff to deliver new clubs identified through youth voice sessions

## **Facilities**

- Facility hire charges
- Access keypads where it removes need for additional staffing
- Improve accessibility for young people with SEND

# What Funding can be used for? (2)

**RISE.**

## **School Swimming Pools**

- Swimming lessons / Equipment for lessons
- Water testing kits
- Plant servicing
- Staff/student CPD

## **Staffing (short term)**

- Additional staff time to open/close (evenings, weekend and school holidays) if not already open at these times
- Paying TAs (outside normal working hours) to support
- Activity deliverers
- Administration time (bookings/phone/liaison)

## **Other**

- Facility management booking system
- Healthy snacks for participants

# Youth Voice and Co-Design

**RISE.**

- Guiding principle - Nothing for young people without young people
- Each project needs to demonstrate how children and young people from your target audience have been involved with the design and creation of your offer.
- CPD, tools and resources will be available to support you
- Local providers such as the VCSE sector (sports coaches / youth workers etc), can deliver on your behalf, and this can be costed into your project delivery plan



# Sustainability – Important Element for success (Years 2 & 3)

**RISE.**

- All projects need to have sustainability factored in
- How can you sustain your projects (CPD / collaboration with the community / youth leadership / new funding opportunities etc)
- What does the offer look like after the funding has finished?

**This will not be done in silo – you will have support throughout**



# Phase 2 – Positive Stories

**RISE.**

## **Benfield School**

"We applied for the funding to develop our cycling hub which allow us to create an outdoor space for cycling lessons, after school clubs, outdoor mechanic work-space and outdoor classroom area.

We built a living roof and outdoor area for students and the wider community.

We also purchased a trailer which will enable us to carry 16 bikes to take students/community off-site on more adventurous cycle trip and build students cultural capital. Additional funding has been spent on a smoothie bike and student shop which students will run (currently still been made and developed).

This enabled us to continue to offer a cycling club after school and create a hub for cycling to take place. We have also teamed up with British Cycling who are running a cycling club after school every week even through winter and this will then return twice a week once the lighter nights and summer returns".

# Phase 2 – Positive Stories

**RISE.**

## **Whickham School**

"As a school we were concerned by the lack of physical activity amongst the KS4 girls, this was increased after lockdown. We looked at how we could support them by putting on activity that they would engage them. The girls wanted to do fitness classes by themselves after school. We put a funding application in to purchase new fitness equipment to be able to support the girls in becoming more active.

The afterschool sessions proved to really popular amongst the KS4 girls and more sessions were needed. It also got the school thinking about other not traditional activities that needed to be made available for those girls.

This has inspired increased engagement at KS3 girls.

High levels of staff usage after 5pm again helping with inactivity levels / self-esteem, which as PE department and a school is something we have really wanted to tackle since coming back to school since covid".

---

**[WeAreRise.co.uk](https://www.wearerise.co.uk)**

# Monitoring & Evaluation

**RISE.**

- Keep registers
- Upload participation numbers (throughput) and demographic data onto Smartsheet monthly
- Produce Case Studies / Pictures / Quotes
- Take part in the Active Lives CYP Survey
- To communicate and provide feedback to Rise on how project is going

M&E is light touch - in Yr2 & Yr 3 delivery this would form part of the agreement you set up with your delivery provider.

# Timescales & Next Steps



- School Webinars – 24th, 26th, 31st January
- 1-2-1 School and Rise meetings to develop School Delivery Plans
- Year 1 Delivery Plan agreed with Rise and submitted by Thursday 17th February **or** Tuesday 14th March 2023
- Grant agreement to be signed
- Funding committed or spent by 31st March 2023
- Delivery up until 31st March 2023 (Year 1)
- Planning for Year 2 commences once Year 1 planning is finalised

Schools can join the programme in Year 2 (1st April) if the timescales are too tight, however they will receive less funding overall.



**RISE.**

**Collaboration is the  
key to success!**



# Contact Details



**Louise Laws**

**(Strategic Lead – Children and Young  
People's Health and Wellbeing)**

[cyp@wearerise.co.uk](mailto:cyp@wearerise.co.uk)