

YOUNG LEADERS HIGHLIGHTS



Leadership and Volunteering Programme

(In partnership with Youth Sport Trust)

- Funded by the Department for Education
- Engaged over 300 young people from across Northumberland and Tyne and Wear between the ages of 13 to 25
- Worked with a variety of partners to pull together a free online resource package
- Access to high quality guest speakers and sporting champions
- Access to a calendar of free CPD, delivered by Gorilla Training.

- **14 CPD sessions delivered**
- **197 individual young people attended the CPD sessions**
- **394 total CPD hours accumulated.**

Workshops attended included:

- Delivering Activities in a Primary School
- Mental Health Awareness
- Motivations and Behaviours
- How to be the best at what you do
- Resilience and Leadership
- Event Organising and Management.

Young Volunteer Team

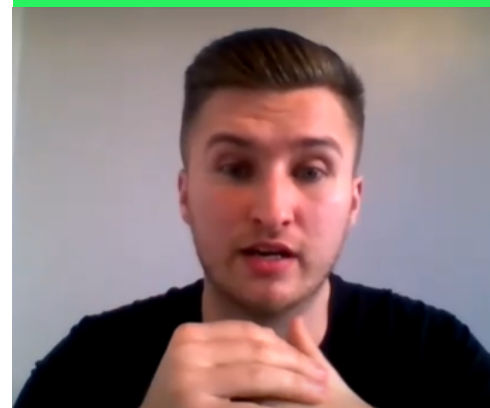
- Young Leaders identified through the Leaderships and Volunteer programme
- Continued to support by providing additional CPD and signposting to volunteering opportunities.



Chris Cook, former Olympic swimmer. Guest Speaker.



Drew Lasker, British Basketball League player for the Newcastle Eagles. Guest Speaker.



Andrew Pearson, Wellness Coach and Personal Trainer. Guest Speaker.